Lake Lurleen State Park Trail Map

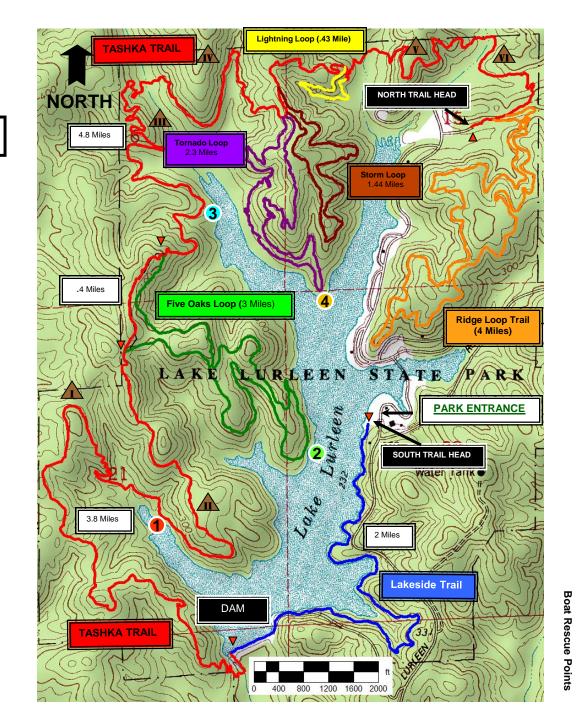
Bikes and Foot Traffic Only

Motorized Vehicles and Horses PROHIBITED

Lakeside Trail 2 MILES Tashka Trail 9 MILES **Five Oaks Loop Trail** 3 MILES **Tornado Loop Trail** 2.3 MILES **Storm Loop Trail 1.44 MILES Lightning Loop Trail** .43 MILE **Ridge Loop Trail** 4 MILES Roadways (Asphalt) 1.3 MILES **Total One-Way Distance** 23.47 MILES

(Includes All Loops)





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Mileage between arrows

TRAIL SYSTEM OVERVIEW

Trails open at 7:00 a.m.
Trails close at SUNSET.
Overnight camping on the trails is not allowed.
Campfires, motorized vehicles and horses are prohibited.
Dogs must be kept on a leash at all times.
No swimming is allowed except at the marked beach area.

MULTI-USE TRAIL SYSTEM

This trail system is comprised of seven connecting segments: Lakeside Trail, Tashka Trail, Five Oaks Loop, Tornado Loop, Storm Loop, Lightning Loop, and Ridge Loop. The connected trails loop around Lake Lurleen into the undeveloped sections of the park. Trail users must take into account the minimum length of the entire loop is 11 miles plus 1.3 miles of roadway connecting the trailheads (this mileage does not include any of the loops that split off of the main Tashka Trail). Shortcuts to trailheads or paved roads do not exist. Once on Tashka Trail, you are in a wilderness environment. The trail system is rated "intermediate", with the exception of the Ridge Loop Trail, that is designated as "beginner", in accordance with International Mountain Biking Association (IMBA) guidelines. Access to the trail system is limited to the North or South Trailheads.

<u>Lakeside Trail</u>: This 2-mile trail (one-way) begins at the South Trailhead and ends at the Lake Lurleen Dam. There, it connects to the much longer Tashka Trail. Lakeside Trail is an excellent option for short hikes and as an introductory ride to novice mountain bikers. It follows the lake shoreline, providing continuous, beautiful scenery. Use caution. The trail is shared by hikers, bikers and bank fishermen.

Tashka Trail: This 9-mile segment begins where Lakeside Trail concludes, at the west end of Lake Lurleen Dam, next to the dam spillway. Use caution. Some sections are steeply graded, sandy, or covered with loose gravel. In addition, the 9 miles contain no shortcuts to either trailhead. Plan accordingly, as you will be in a wilderness environment. Due to the prevalence of tight turns, long climbs and descents, beginning mountain bikers will find sections of Tashka very challenging.

Five Oaks Loop Trail: This optional 3-mile loop splits off from Tashka Trail approximately 5.8 miles from the South Trailhead (calculated by a clockwise route). For ambitious users, Five Oaks extends the total distance of the connected trails to 15.3 miles. If approached from the North Trailhead (traveling counterclockwise), Five Oaks Loop splits off from Tashka 4.8 miles from the trail's start.

Tornado Loop Trail: This optional 2.3-mile loop splits off from Tashka Trail approximately 8.7 miles from the South Trailhead (traveling in a clockwise direction), and approximately 2.4 miles from the North Trailhead (traveling counterclockwise). This loop takes you through the path of destruction left by tornados spawned by Hurricane Rita in 2005.

Storm Loop Trail: This optional 1.44 mile loop splits off from Tashka Trail approximately 8.8 miles from the South Trailhead (traveling clockwise), and approximately 2.2 miles from the North Trailhead (traveling counterclockwise). This loop's name was chosen for two reasons, one in honor of Mike Storm, the park manager who shared the vision of volunteer leader Michael Smith, and supported the efforts of all involved to bring reality to the vision; and the second reason matches the "weather theme" of the other loops.

<u>Lightning Loop Trail</u>: This optional .43 mile loop splits off from Tashka Trail approximately 9.2 miles from the South Trailhead (traveling clockwise), and approximately 1.8 miles from the North Trailhead (traveling counterclockwise). This is a fast and dazzling little loop to either pump you up for the long ride on the Tashka Trail, or give you a last hurrah before heading to the North Trailhead to end your ride.

Ridge Loop Trail: This 4 mile optional loop is the latest addition to the Tashka Trail System completed in June of 2012. The loop splits off from the Tashka Trail within 350 ft. of the North Trailhead and travels in a southerly direction for approximately 2.3 miles, turns back to the north for the remaining 1.7 miles, and rejoins the Tashka Trail within 150 ft. of the loop starting point. The wide trail corridor and gradual elevation changes makes the loop suitable for beginners, as well as intermediate and expert riders. Day hikers and trail runners looking for easy access to a beautiful section of the Tashka Trail System will find this loop exceptional. The loop is open for use in either a counterclockwise (described above) or clockwise direction of travel; however the beginner mountain biker will likely prefer the counterclockwise direction.

Roadway: There is 1.3 miles of paved roadways that connect the South and North Trailheads.

Mountain bikers can find additional information on the following websites. The West Alabama Mountain Biking Association http://westalmtb.org Druid City Bicycle Club: www.druidcity.org

The Muti-Use Trail System was built and is maintained by volunteers in sponsorship with the West Alabama Mountain Biking Association, Druid City Bicycle Club, and Lake Lurleen State Park.





Emergencies: Park Office (205) 339-1558 or Dial 911

After 9:00 PM: Park Manager (205) 330-9059

