## Cheaha Events: March 2023

### Programs are free with park admission

#### March 3, 3:30pm-5:30pm, Mountain Store Patio

**Nature Nook-**Meet a member of our Interpretive Team who is happy to answer any questions you may have about the park. Learn more about what Cheaha has to offer and check out the nature items they have to show.

#### March 4, 11:30am-12:30pm, Interpretive Center

**Eco Explorer: Go with the Flow-** All living organisms need water to survive. Majority of the Earth's water circulates in oceans. Only 1% of the water on Earth is accessible fresh water. Join Cheaha's Interpretive Team to learn more about the challenges and pollutants water encounters as it flows downstream and how you can help make a difference for our aquatic environments.

March 4, 2pm-3:30pm, LNT Bigfoot Trail (Hotel Side) Take a Hike: Leave No Trace Hike- Learn the Leave No Trace basics as you hike to the top of Alabama. This one mile hike will begin at the Bigfoot Trail Head behind the hotel and end up at the highest point! Join the Interpretive Team and learn the 7 Leave No Trace Principles.

#### March 5, Noon-4pm Interpretive Center

Learning by the Lake: Do you have a child who is curious about the great outdoors? The interpretive team will help them connect with the natural world through art, activities, storytelling, games, and so much more. Stop by and make some new connections.

#### March 10, 3:30pm-5:30pm, Mountain Store Patio

**Nature Nook-**Meet a member of our Interpretive Team who is happy to answer any questions you may have about the park. Learn more about what Cheaha has to offer and check out the nature items they have to show.



## March 11, 11:00am-12:30pm, Interpretive Center

Arts in the Environment: Critter Creations- Animals face many challenges as they navigate the wild. Adaptations such as wings, claws, and fur coloration can make all the difference for success and survival. Join Cheaha's Interpretive Team as they teach you all about animal adaptations. Then you will use natural items to make your own adapted animal! All supplies are provided for this program.

#### March 11, 2:00pm-3:00pm, Interpretive Center

**Take a Hike: Woodland Wildlife Hike-** Join Cheaha's Interpretive Team as we venture into the woodlands of Cheaha to learn more about our native wildlife and look for signs of animals.

#### March 12, 11am-1pm, CCC Museum

**Mid-Morning Movie at the Museum:** Visit the historic Civilian Conservation Corps (CCC) Museum and watch the documentary "American Experience: The Civilian Conservation Corps". Afterwards, discuss with Park Historian Jeromy Harrelson how the CCC and Cheaha are linked.

#### March 12, Noon-4pm Interpretive Center

**Learning by the Lake:** Do you have a child who is curious about the great outdoors? The interpretive team will help them connect with the natural world through art, activities, storytelling, games, and so much more. Stop by and make some new connections.

#### March 17, 3:30pm-5:30pm, Mountain Store Patio

**Nature Nook-**Meet a member of our Interpretive Team who is happy to answer any questions you may have about the park. Learn more about what Cheaha has to offer and check out the nature items they have to show.



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# Cheaha Events: March 2023 (Cont.)

#### March 18, 11:00am-12:00pm, Interpretive Center

Arts in the Environment: Tied to Nature Craft- Have you ever noticed that a clover looks like 3 hearts tied together? Join Cheaha's Interpretive Team as we celebrate St. Patrick's Day by teaching you a fun Celtic tradition of creating decorative heart knot necklaces. All supplies are provided for this program.

March 18, 1:00pm-2:00pm, Interpretive Center Take a Hike: Un-Natural Hike- Learn how to see the world through a Leprechauns' eyes on this easy nature observations hike.

March 19, Noon-4pm Interpretive Center Learning by the Lake: Do you have a child who is curious about the great outdoors? The interpretive team will help them connect with the natural world through art, activities, storytelling, games, and so much more. Stop by and make some new connections. FREE with Park Admission

#### March 24, 3:30pm-5:30pm, Mountain Store Patio

**Nature Nook-**Meet a member of our Interpretive Team who is happy to answer any questions you may have about the park. Learn more about what Cheaha has to offer and check out the nature items they have to show.

#### March 25, 11:00am-12:30pm, Interpretive Center

Arts in the Environment: Nature Journaling - Want to start keeping track of the plants, animals, and flowers you see on your hikes? Join Cheaha's Interpretive Team as they teach you the joys of nature journaling. Slow down and soak up the spectacular treasures and beauty of the natural world through creative writing, poetry, drawing, and observing nature. All supplies are provided for the program.



#### March 25, 1:00pm-2:00pm, Interpretive Center

Take a Hike: Teddy Bear Hike- Animals of all shapes and sizes call Cheaha home. But wildlife doesn't always cooperate and let us get a close up look at them. However, through the placement of realistic stuffed animals, Cheaha's Interpretive Team will teach you all about these amazing creatures.

#### March 26, Noon-4pm Interpretive Center

**Learning by the Lake:** Do you have a child who is curious about the great outdoors? The interpretive team will help them connect with the natural world through art, activities, storytelling, games, and so much more. Stop by and make some new connections.

## March 31, 3:30pm-5:30pm, Mountain Store Patio

**Nature Nook-**Meet a member of our Interpretive Team who is happy to answer any questions you may have about the park. Learn more about what Cheaha has to offer and check out the nature items they have to show.

April 1, 11:30am-12:00pm, Interpretive Center Story Time : I Invited a Dragon to Dinner and Other Poems to Make You Laugh Out Loud- Poems are a fun and creative way to communicate with each other. Learn more about poetry with Cheaha's Interpretive Team as they read silly and fun poems! April 1, 1:00pm-2:30pm, Interpretive Center

Take a Hike: Salamander Stroll- Salamanders love cool, clean water and Cheaha's spring fed creeks and streams create habitats for them all over the park. Join Cheaha's Interpretive Team as we venture into the creeks and streams and learn about salamanders!

### April 2, Noon-4pm Interpretive Center

Learning by the Lake: Do you have a child who is curious about the great outdoors? The interpretive team will help them connect with the natural world through art, activities, storytelling, games, and so much more. Stop by and make some new connections.

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